



Northampton International Academy

PSHE Curriculum Overview (Secondary) 2023-24



Why Teach Personal, social, health and economic education?

Our PSHE curriculum is wide ranging and made makes a strong contribution to our pupils' personal development and helps to prepare them to become responsible, respectful and active citizens who can play their part and become actively involved in public life as adults. The curriculum links closely with the RSE and dedicated careers curriculums, tutor programme which includes Votes for Schools, the programme of assemblies, external visitors, parent and carer workshops and other events. It is also developed through all other curriculum subjects. In our curriculum overview we have identified the important knowledge we want our pupils to learn. Through our PSHE curriculum, we:

- enable pupils to develop the knowledge, skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face at different stages of their lives and as they grow up and enter into adulthood.
- support pupils' personal development and help them to develop self-esteem, resilience, empathy and to stay safe and healthy.
- equip pupils with a good understanding of different risks they may face and the knowledge and skills necessary to make safe and informed decisions.
- give pupils an age-appropriate understanding of the fundamental British values: democracy, the rule of law, individual liberty and mutual respect for and tolerance of others, including those with different faiths and beliefs and those without faith.
- give pupils an age-appropriate understanding of the Equalities Act including in relation to the protected characteristics and what this means in pupils' lives.
- support pupils' social, moral spiritual and culture development.

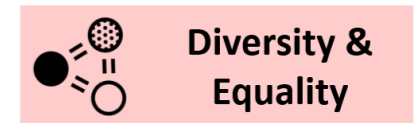
Six Strands

Our PSHE curriculum incorporates six strategic strands which included the dedicated PSHE curriculum as well as strands that are designed to be responsive to emerging year group/whole school needs:

Stand 1	Stand 2	Stand 3	Stand 4	Stand 5	Stand 6
Curriculum	Form Time	Assemblies	Drop Down Days	Guest Speakers	Parent/Carer Workshops
Year 7, 9, 10 and 11 1x100 min lesson fortnightly Year 8 2x100 min lesson fortnightly	2 x 25-minute sessions weekly	1 x assembly weekly	Calendar of events	Calendar of events	Calendar of events
Includes RSE/FBV Planned curriculum that is responsive to emerging needs by year group (data, stakeholder voice)	1 x session dedicated to Votes for Schools big question debate	Assembly programme planned half termly and link to curriculum, parent/carers workshops and guest speaker events	Termly Targeted workshops that respond to emerging need	Complimentary programme of workshops	Complimentary programme of workshops offered in response to parent/carers need and curriculum delivery

Substantive Big Ideas Our PSHE curriculum has 7 key themes pupils learn about.

These strands, covered in each year are:



The DNA of NIA

The DNA of NIA character drivers are:



Staff at NIA reinforce these constantly: through the PSHE curriculum as well as the wider curriculum and school life. .

Jigsaw – PSHE Lessons

Our PSHE curriculum draws upon the 'Jigsaw' resources. Through this, as well as other resources such as 'Votes for Schools', assemblies, tutor time, we help to prepare pupils for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world.

	Being Me in My World
	Celebrating Differences
	Dreams and Goals
	Healthy Me
	Relationships
	Changing Me



Supplementary Resources for Year 7 – 9

2 Jigsaw lessons delivered in 1x100 min lesson

Alternative resources used to respond to student needs 1x100 min lesson.

Term	Resource Provider	Weeks to deliver	Weeks in the Term
Autumn Term 1	Jigsaw Being Me	3	6
	EC Health/Wellbeing	3	
Autumn Term 2	EC Health/Wellbeing	3	7
	Jigsaw Celebrating Difference	4	
Spring Term 1	Jigsaw Dreams and Goals	3	6
	Bounce Forward Resilience	3	
Spring Term 2	Bounce Forward Wellbeing	2	5
	Jigsaw Healthy Me	3	
Summer Term 1	Jigsaw Relationships	3	6
	EC Wider World	3	
Summer Term 2	EC Wider World	4	7
	Jigsaw Changing Me	3	



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Strand 2 – Tutor Time



	Year 7	Year 8	Year 9	Year 10	Year 11	Post 16
Monday	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Post 16 tutoring on a fortnightly rotation with Week 2 having a PSHE focus. PSHE topic lesson
Tuesday	Assembly	PSHE Votes for Schools introduction and debate Literacy	PSHE Votes for Schools introduction and debate Literacy	Assembly	PSHE Votes for Schools introduction and debate Literacy	PSHE topic lesson
Wednesday	PSHE Votes for Schools introduction and debate Literacy	Assembly	PSHE Votes for schools VOTE Literacy	PSHE Votes for Schools introduction and debate Literacy	Assembly	Consolidate learning and plan 5-minute assembly for peers
Thursday	PSHE Votes for schools VOTE Literacy	PSHE Votes for schools VOTE Literacy	Assembly	PSHE Votes for schools VOTE Literacy	PSHE Votes for schools VOTE Literacy	Student led PSHE assembly
Friday	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Tutor Checks and House	Assembly feedback and learning consolidation